



Comments on “The Red Herring”

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- Sustainability of health spending one of the most important public policy issues for US and most other countries
- Most work has been fairly formulaic – take current spending and project forward with different population and some fixed assumption about excess growth
- Thinking about the complexities behind these forecasts is very important

The Red Herring

- Does it make sense to assume constant spending by age (grossed up by average rate of spending growth) or does that overstate future spending?
- What age is more important – age measured as years since birth (the red herring) or age measured as years before death?
- This study shows that age until death is a better predictor of spending than years since birth

Why is this important?

- (1) Forecasting future expenses
- (2) Public Policy toward expenses near the end of life

An analysis of both these issues requires understanding:

- Why do we observe the explosion of health spending near the end of life
- How will health spending by age and near death change over time
- Most work (my prior work included) does not delve into this issue

Why does health spending explode near death

- The “funeral cost” model: spending increases near death are not related to health outcomes – they are like “funeral costs” – or \$ thrown at dying patients to satisfy family members.
- With this model, one funeral per person means that as life expectancy increases, age-specific spending declines (fewer funerals at any given age)
- Health spending would decline if you spent less on funerals – whether you want to or not depends on value of funeral to family

A different reason for spending to explode before death

- Imaging that there are two types of spending
 - Age related spending for conditions that won't kill you
 - Spending to try to cure a disease that will kill you
- There is an expensive treatment for the disease.
- Most people still die of the disease despite the treatment, but some do not, and the probability of survival makes the \$ worth the cost
- Since most people die after receiving the expensive treatment, spending explodes before death
- But treatment is still efficient

How does longevity increase under this model?

1. Increase in multifactor productivity: given treatment for disease improves, and survival rates increase
 - Implication of future spending – nothing. Spending is the same, but people live longer and there are more people.
 - For public policy? Value of treatment increases over time, not decreases.
2. Increase in medical spending lowers probability that people will get the disease
 - For example – use of drugs to treat hypertension
 - Impact on spending is ambiguous – depends on \$ and age pattern of additional preventative medical spending

Evidence? (very casual)

- Geographic variation: areas with higher health spending DO NOT spend a disproportionately higher share of spending near end of life.
- When ask physicians why they do treatments, they think there is a not insignificant chance that it will work.
- But, clearly, some parts of expenditures near death do reflect “waste” and efforts to ferret these out (and many other inefficiencies in health spending) are valuable.